

Memoreal Anteonis 26: Session: 1: COACH evaluation sheet for TEAM: 06-030

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!
PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:2, starttime: 09:01
Heat: 2/11 Lane : 0 Athlete: KNELANGE NORAH			Q-time: 01:02:77
PB (25m pool): 1:02.77 Leusden 13 jun 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		1:02.77	
	1:02.77		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:6, starttime: 09:07
Heat: 6/11 Lane : 4 Athlete: POOT ELIZE			Q-time: 00:43:42
PB (25m pool): 43.42 Utrecht 27 jun 2026			PB (50m pool): 44.64 SB:
	2 5 M	5 0 M	
PB		43.42	
	43.42		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:10, starttime: 09:11
Heat: 10/11 Lane : 5 Athlete: STOLK FIEN			Q-time: 00:36:51
PB (25m pool): 36.51 Amersfoort 27 sep 2026			PB (50m pool): 36.54 SB:
	2 5 M	5 0 M	
PB		36.51	
	36.51		
			

Coach feedback:

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Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:3, starttime: 09:16
Heat: 3/10 Lane : 2 Athlete: ZIVKOVIC VIKTOR			Q-time: 00:50:53
PB (25m pool): 49.81 Driebergen 10 okt 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		49.81	
	49.81		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:4, starttime: 09:18
Heat: 4/10 Lane : 8 Athlete: BAPAT MIHIR			Q-time: 00:46:58
PB (25m pool): 46.58 Zeist 21 dec 2025			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		46.58	
	46.58		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:9, starttime: 09:23
Heat: 9/10 Lane : 2 Athlete: STURKENBOOM LARS			Q-time: 00:34:13
PB (25m pool): 34.13 Amersfoort 27 sep 2026			PB (50m pool): 36.66 SB:
	2 5 M	5 0 M	
PB		34.13	
	34.13		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:9, starttime: 09:23
Heat: 9/10 Lane : 3 Athlete: HOOGEVEEN THIJS			Q-time: 00:33:00
PB (25m pool): 33.00 Utrecht 27 jun 2026			PB (50m pool): 34.75 SB:
	2 5 M	5 0 M	
PB		33.00	
	33.00		
			

Coach feedback:

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Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:9, starttime: 09:23
Heat: 9/10 Lane : 4 Athlete: DE VRIES MEES			Q-time: 00:31:34
PB (25m pool): 31.34 Amsterdam 24 jan 2026			PB (50m pool): 31.98 SB:
	2 5 M	5 0 M	
PB		31.34	
	31.34		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:2, starttime: 09:26
Heat: 2/16 Lane : 8 Athlete: KNELANGE NORAH			Q-time: 00:46:68
PB (25m pool): 46.68 Amersfoort 27 sep 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		46.68	
	46.68		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:11, starttime: 09:35
Heat: 11/16 Lane : 5 Athlete: HOVENS FLORE			Q-time: 00:30:56
PB (25m pool): 30.65 Amersfoort 27 sep 2026			PB (50m pool): 31.02 SB:
	2 5 M	5 0 M	
PB		30.65	
	30.65		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:11, starttime: 09:35
Heat: 11/16 Lane : 8 Athlete: KOKSAL ADEN			Q-time: 00:30:83
PB (25m pool): 30.83 Utrecht 27 jun 2026			PB (50m pool): 31.51 SB:
	2 5 M	5 0 M	
PB		30.83	
	30.83		
			

Coach feedback:

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Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:13, starttime: 09:37
Heat: 13/16 Lane : 5 Athlete: VAN WIJLAND YNTHE			Q-time: 00:29:51
PB (25m pool): 29.51 Amersfoort 27 sep 2026			PB (50m pool): 29.74 SB:
	2 5 M	5 0 M	
PB		29.51	
	29.51		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:14, starttime: 09:38
Heat: 14/16 Lane : 0 Athlete: RIJKEN HANNA			Q-time: 00:29:19
PB (25m pool): 29.19 Amersfoort 27 sep 2026			PB (50m pool): 29.30 SB:
	2 5 M	5 0 M	
PB		29.19	
	29.19		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:14, starttime: 09:38
Heat: 14/16 Lane : 5 Athlete: HOGENHUIS METTE			Q-time: 00:27:74
PB (25m pool): 27.74 Amsterdam 23 jan 2026			PB (50m pool): 28.68 SB:
	2 5 M	5 0 M	
PB		27.74	
	27.74		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:2, starttime: 09:42
Heat: 2/13 Lane : 8 Athlete: MUHREN LEONARDO			Q-time: 00:37:76
PB (25m pool): 37.76 Amersfoort 27 sep 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		37.76	
	37.76		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11-17			Heat:4, starttime: 09:44
Heat: 4/13 Lane : 8 Athlete: JENA ARAV			Q-time: 00:33:60
PB (25m pool): 33.60 Utrecht 27 jun 2026			PB (50m pool): 33.72 SB:
	2 5 M	5 0 M	
PB		33.60	
	33.60		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:5, starttime: 09:45
Heat: 5/13 Lane : 6 Athlete: ZIVKOVIC FILIP			Q-time: 00:31:60
PB (25m pool): 31.60 Amersfoort 27 sep 2026			PB (50m pool): 33.72 SB:
	2 5 M	5 0 M	
PB		31.60	
	31.60		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:6, starttime: 09:46
Heat: 6/13 Lane : 0 Athlete: FAREA MUTASEM			Q-time: 00:31:07
PB (25m pool): 31.07 Utrecht 27 jun 2026			PB (50m pool): 31.48 SB:
	2 5 M	5 0 M	
PB		31.07	
	31.07		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:11, starttime: 09:51
Heat: 11/13 Lane : 7 Athlete: RIJKEN PIM			Q-time: 00:26:76
PB (25m pool): 26.76 Amersfoort 27 sep 2026			PB (50m pool): 27.20 SB:
	2 5 M	5 0 M	
PB		26.76	
	26.76		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11-17			Heat:13, starttime: 09:52
Heat: 13/13 Lane : 0 Athlete: ZEEMAN TEUN			Q-time: 00:27:27
PB (25m pool): 27.27 Den Haag 14 mrt 2026			PB (50m pool): 28.16 SB:
	2 5 M	5 0 M	
PB		27.27	
	27.27		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:13, starttime: 09:52
Heat: 13/13 Lane : 4 Athlete: ELGERSMA BINK			Q-time: 00:23:81
PB (25m pool): 23.81 Amsterdam 12 jul 2026			PB (50m pool): 24.57 SB:
	2 5 M	5 0 M	
PB		23.81	
	23.81		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:13, starttime: 09:52
Heat: 13/13 Lane : 5 Athlete: BOKMA GWEE			Q-time: 00:24:94
PB (25m pool): 24.94 Amersfoort 27 sep 2026			PB (50m pool): 25.66 SB:
	2 5 M	5 0 M	
PB		24.94	
	24.94		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:1, starttime: 09:53
Heat: 1/11 Lane : 6 Athlete: KNELANGE NORAH			Q-time: 01:10:00
PB (25m pool):			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB			
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:3, starttime: 09:56
Heat: 3/11 Lane : 4 Athlete: HOFSTRA KOYUKI			Q-time: 00:40:80
PB (25m pool): 40.80 Utrecht 27 jun 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		40.80	
	40.80		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:6, starttime: 09:59
Heat: 6/11 Lane : 3 Athlete: HOVENS FLORE			Q-time: 00:35:87
PB (25m pool): 33.53 Amsterdam 5 jul 2025			PB (50m pool): 33.62 SB:
	2 5 M	5 0 M	
PB		33.53	
	33.53		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:6, starttime: 09:59
Heat: 6/11 Lane : 5 Athlete: POOT ELIZE			Q-time: 00:35:84
PB (25m pool): 35.84 Utrecht 27 jun 2026			PB (50m pool): 38.17 SB:
	2 5 M	5 0 M	
PB		35.84	
	35.84		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:9, starttime: 10:03
Heat: 9/11 Lane : 8 Athlete: STOLK FIEN			Q-time: 00:32:44
PB (25m pool): 33.28 Utrecht 27 jun 2026			PB (50m pool): 32.44 SB:
	2 5 M	5 0 M	
PB		33.28	
	33.28		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:3, starttime: 10:08
Heat: 3/11 Lane : 8 Athlete: MUHREN LEONARDO			Q-time: 00:45:00
PB (25m pool): 58.48 Driebergen 10 okt 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		58.48	
	58.48		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:7, starttime: 10:12
Heat: 7/11 Lane : 0 Athlete: FAREA MUTASEM			Q-time: 00:33:21
PB (25m pool): 33.21 Utrecht 27 jun 2026			PB (50m pool): 37.10 SB:
	2 5 M	5 0 M	
PB		33.21	
	33.21		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:10, starttime: 10:15
Heat: 10/11 Lane : 4 Athlete: ELGERSMA BINK			Q-time: 00:26:83
PB (25m pool): 26.83 Amsterdam 11 jul 2026			PB (50m pool): 26.94 SB:
	2 5 M	5 0 M	
PB		26.83	
	26.83		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:10, starttime: 10:15
Heat: 10/11 Lane : 6 Athlete: RIJKEN PIM			Q-time: 00:28:71
PB (25m pool): 28.71 Utrecht 27 jun 2026			PB (50m pool): 29.01 SB:
	2 5 M	5 0 M	
PB		28.71	
	28.71		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:10, starttime: 10:15
Heat: 10/11 Lane : 9 Athlete: STURKENBOOM LARS			Q-time: 00:30:34
PB (25m pool): 30.34 Utrecht 27 jun 2026			PB (50m pool): 32.27 SB:
	2 5 M	5 0 M	
PB		30.34	
	30.34		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:11, starttime: 10:16
Heat: 11/11 Lane : 1 Athlete: HOFMAN QUINTEN			Q-time: 00:29:59
PB (25m pool): 29.59 Utrecht 27 jun 2026			PB (50m pool): 30.76 SB:
	2 5 M	5 0 M	
PB		29.59	
	29.59		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:8, starttime: 10:28
Heat: 8/11 Lane : 6 Athlete: KOKSAL ADEN			Q-time: 00:36:38
PB (25m pool): 36.38 Utrecht 27 jun 2026			PB (50m pool): 36.86 SB:
	2 5 M	5 0 M	
PB		36.38	
	36.38		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:10, starttime: 10:31
Heat: 10/11 Lane : 5 Athlete: HOGENHUIS METTE			Q-time: 00:31:55
PB (25m pool): 31.55 Utrecht 27 jun 2026			PB (50m pool): 32.48 SB:
	2 5 M	5 0 M	
PB		31.55	
	31.55		
			

Coach feedback:

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Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:11, starttime: 10:32
Heat: 11/11 Lane : 9 Athlete: RIJKEN HANNA			Q-time: 00:35:37
PB (25m pool): 35.37 Utrecht 27 jun 2026			PB (50m pool): 36.18 SB:
	2 5 M	5 0 M	
PB		35.37	
	35.37		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17			Heat:4, starttime: 10:38
Heat: 4/9 Lane : 1 Athlete: JENA ARAV			Q-time: 00:40:04
PB (25m pool): 40.04 Utrecht 27 jun 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		40.04	
	40.04		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17			Heat:4, starttime: 10:38
Heat: 4/9 Lane : 2 Athlete: ZIVKOVIC FILIP			Q-time: 00:39:61
PB (25m pool): 39.61 Utrecht 27 jun 2026			PB (50m pool): No time SB:
	2 5 M	5 0 M	
PB		39.61	
	39.61		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17			Heat:8, starttime: 10:44
Heat: 8/9 Lane : 4 Athlete: BOKMA GWEE			Q-time: 00:27:28
PB (25m pool): 27.28 Amsterdam 12 jul 2026			PB (50m pool): 29.04 SB:
	2 5 M	5 0 M	
PB		27.28	
	27.28		
			

Coach feedback:

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Event number: 8: 50M BACKSTROKE MEN 11-17										Heat:9, starttime: 10:46	
Heat: 9/9 Lane : 2 Athlete: HOOGEVEEN THIJS										Q-time: 00:30:92	
PB (25m pool): 30.92 Utrecht 27 jun 2026										PB (50m pool): 32.98 SB:	
	2 5 M		5 0 M								
PB			30.92								
	30.92										
											

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:5, starttime: 11:16	
Heat: 5/12 Lane : 0 Athlete: HOFSTRA KOYUKI							Q-time: 05:50:05	
PB (25m pool): 5:50.05 Amsterdam 12 jul 2026				PB (50m pool): 6:07.41 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		38.39		1:22.35		2:06.72		2:52.13
	38.39		43.96		44.37		45.41	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		3:37.32		4:23.50		5:08.15		5:50.05
	45.19		46.18		44.65		41.90	
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:5, starttime: 11:16	
Heat: 5/12 Lane : 1 Athlete: POOT ELIZE							Q-time: 05:47:64	
PB (25m pool): 5:47.64 Amersfoort 27 sep 2026				PB (50m pool): 6:00.85 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		37.68		1:21.20		2:06.28		2:50.97
	37.68		43.52		45.8		44.69	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		3:36.79		4:21.75		5:06.59		5:47.64
	45.82		44.96		44.84		41.5	
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: 06-030

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:7, starttime: 11:28	
Heat: 7/12 Lane : 5 Athlete: STOLK FIEN							Q-time: 05:25:39	
PB (25m pool): 5:26.55 Amersfoort 27 sep 2026				PB (50m pool): 5:25.39 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		36.65		1:17.56		1:58.87		2:40.80
	36.65		40.91		41.31		41.93	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		3:23.32		4:05.39		4:46.45		5:26.55
	42.52		42.7		41.6		40.10	
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:9, starttime: 11:40	
Heat: 9/12 Lane : 4 Athlete: VAN WIJLAND YNTHE							Q-time: 05:03:14	
PB (25m pool): 5:03.14 Amersfoort 27 sep 2026				PB (50m pool): 5:17.74 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		33.35		1:10.39		1:48.54		2:27.60
	33.35		37.4		38.15		39.6	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		3:06.39		3:44.88		4:24.00		5:03.14
	38.79		38.49		39.12		39.14	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:2, starttime: 12:10	
Heat: 2/10 Lane : 1 Athlete: BAPAT MIHIR							Q-time: 06:36:00	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

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Event number: 10: 400M FREESTYLE MEN 11-17							Heat:2, starttime: 12:10	
Heat: 2/10 Lane : 8 Athlete: ZIVKOVIC VIKTOR							Q-time: 06:40:00	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:2, starttime: 12:10	
Heat: 2/10 Lane : 9 Athlete: ALGANAD HOSSAM							Q-time: 06:50:00	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:3, starttime: 12:17	
Heat: 3/10 Lane : 6 Athlete: ZIVKOVIC FILIP							Q-time: 06:03:00	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

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Event number: 10: 400M FREESTYLE MEN 11-17							Heat:9, starttime: 12:52	
Heat: 9/10 Lane : 7 Athlete: HOFMAN QUINTEN							Q-time: 04:36:73	
PB (25m pool): 4:36.73 Veenendaal 3 okt 2026				PB (50m pool): 4:47.19 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		31.24		1:04.92				2:16.15
	31.24		33.68					1:11.23
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								4:36.73
								2:20.58
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:10, starttime: 12:57	
Heat: 10/10 Lane : 6 Athlete: DE VRIES MEES							Q-time: 04:17:89	
PB (25m pool): 4:17.89 Veenendaal 3 okt 2026				PB (50m pool): 4:24.47 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		29.09		1:00.74				2:06.14
	29.09		31.65			1:05.40		
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								4:17.89
						2:11.75		
								

Coach feedback: